

About Reality House

- Residential half-way house
- 12 beds for women
- 25 beds for children
- Length of stay, six months to one year
- In-house transportation
- Promotes structure, manageability, and independence
- Individualized treatment and program services



Reality House

Phone: (225) 343-3438
(225) 663-2906

2056 North Boulevard
Baton Rouge, LA 70802

**Heather Hines,
Program Director**

**Soundra J. Temple,
Executive Director**

www.lahealthandrehab.org



Reality House

*Home for Women
Recovering from
Substance Abuse
and
Their Children*



TREATMENT SERVICES

- Individual Counseling
(Provided to both mother and child)
- Family Counseling
(Provided to both mother and child)
- Group Counseling
(Provided to both mother and child)
- 12-Step Recovery Program
- Sexual/Physical Abuse Counseling
- Nutritional Education
- Spiritual Groups
- Crisis Intervention Services
- Substance Abuse Education
- Relapse Prevention
- Parenting Classes
- Social Skills Training
- Job Search
- Job Placement Training



REALITY HOUSE

Treatment methodology at Reality House is focused on the individual as part of a small group; as part of the family unit; and as part of the larger community. Because the dynamics of chemical dependency are so complex, the staff of Reality House recognizes that it is unrealistic to expect clients to independently overcome chemical dependency. Therefore, a system of methods, principles, and rules are used in every given discipline, primarily behavioral. For most, the eradication of drug use will not cease through sheer will power. It is through changes in behavior and environment that individuals can learn to change and grow toward a life that is drug free.

ELIGIBILITY REQUIREMENTS

- Must be 18 years or older
- Must have primary diagnosis of chemical dependency
- Must have dependent children
- Must agree and commit to at least six months of treatment at Reality House

*Services are provided to all Women
regardless of:
Race, Religion, or National Origin*

