

## **Services**

*The first step is admitting you are powerless over drugs and alcohol. If you have a problem with drugs or alcohol and want a better life for you and your family, please call us at (225) 927-0770. We are here to help you and want you to succeed. We offer the following **services** to help make that happen:*

- **12-Step Recovery Program**
- **Individual Counseling**
- **Family Counseling**
- **Group Counseling**
- **Assessment/Evaluations**
- **Recreational Therapy**
- **After Care**
- **Family Education**
- **Family Group**
- **Case Management**
- **Relapse Prevention Groups**
- **Anger Management**
- **Transitional Living**
- **Parenting Life Skills Sessions**



## **For further Information**

**Please contact**

**Edna Johnson**

**(225)927-0770**

**Sondra Temple**

**Executive Director**



**[www.lahealthandrehab.org](http://www.lahealthandrehab.org)**

# **Outpatient Substance Abuse**



## Eligibility Requirements

*The Outpatient Substance Abuse Clinic welcomes referrals from the court system, physicians, pastors, nursing homes, attorneys, family members, state agencies or self-referrals. All clients will be screened and assessed to determine the appropriateness for services.*

## Staff

*Staff members at the Outpatient Substance Abuse Clinic are caring and concerned professionals who are trained to assist patients in remaining alcohol and drug free. The following members are on hand to assist and educate those who come to the Outpatient Substance Abuse Clinic seeking help:*

- LAC (Licensed Addictions Counselor)
- CAC (Certified Addictions Counselor)
- Addiction Counselors (CIT's)
- Intake Counselors

## Our Goals

- Assist clients in remaining alcohol and drug free.
- Assist clients in gaining access to needed services.
- Assist in monitoring clients to make the necessary changes in his or her lifestyles.
- Assist clients in maintaining independent lifestyle.
- Educate clients in the 12-step program.
- Assist clients in regaining dignity and possessing a feeling of self-worth.
- Educate clients on the disease concept of chemical dependency.
- Prevent institutional recidivism.
- Assist families in drug education and support systems.

## Outpatient Substance Abuse

*The **Outpatient Substance Abuse Clinic** is a private agency dedicated to providing quality and effective rehabilitative services to substance abusers.*

*It is our philosophy that every individual has worth and potential, as well as the ability to achieve goals if given the opportunity. The Clinic has their goals, as well, in helping to rehabilitate the patients.*

