

## About Reality House

- Residential half-way house
- 30 beds for women and children
- Length of stay, six months
- In-house transportation
- Promotes structure, manageability And Independence.
- Individualized treatment and program services



## Reality House

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[www.lahealthandrehab.org](http://www.lahealthandrehab.org)



## LHRC Reality House

*Home for Women  
Recovering from  
Substance Abuse and  
Their Children*



## TRAUMA INFORMED SERVICES

- Individual Counseling (Provided to both mother and child.)
- Family Counseling (Provided to both mother and child)
- Group Counseling (Provided to mother and child)
- ESG Emergency Solution Grant (Housing Assistant)
- 12-Step Recovery Program
- Supportive Services Referrals
- Nutrition Education
- Spiritual Group
- Transportation
- Crisis Intervention Service Referral
- Substance Abuse Education
- Tutoring for Children
- Budgeting
- Parenting Classes
- Life Skill Training
- Job Search Assistance
- Job Readiness
- Relapse Prevention




## REALITY HOUSE

### MISSION STATEMENT

The mission of LHRC-Reality House is to provide quality, comprehensive treatment to chemically dependent women in a safe, caring and supportive environment. Services will focus on the women developing a healthy drug free lifestyle, and dealing with issues unique to their gender, becoming more nurturing parents and obtaining job training and employment.

In working with children, the goals will be to help the children understand their mother's disease, to teach them that they did not cause it, can learn to cope with it, to assist them in identifying and communicating their feeling.

### ELIGIBILITY REQUIREMENTS

- Applicants must be pregnant females and/or females with dependent children.
- Applicants must be 18 years old and older.
- Applicants must have a primary diagnosis of chemical dependency. 
- Applicants can only bring dependent children age 12 and under into the facility with them.

