

## ***SERVICE PROVIDED***

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- Housing (11 bed capacity)
- Home like atmosphere
- Meals
- Support Groups
- Substance Abuse Group Counseling
- Substance Abuse Individual Counseling
- Family Sessions (as needed)
- Aftercare Group Sessions
- Nutritional Education
- Permanent Supportive Housing and Housing Placement
- HIV Education
- Medical and Nonmedical Case Management
- Budgeting and Money Management
- Life Skill Training
- Job Search and Job Placement Assistance
- Transportation



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## **POCAHONTAS HOUSE**

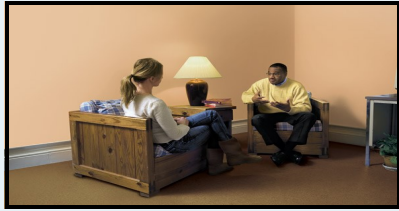
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## **MISSION STATEMENT**

The mission of Louisiana Health and Rehab Center-Pocahontas House is to provide quality, comprehensive treatment to chemically dependent men and women in a safe, caring and supportive environment. Services will focus on the clients developing a healthy drug free lifestyle, and dealing with issues unique to their chemical dependency.

## **PHILOSOPHY**

LHRC-Pocahontas House views substance abuse as a primary, progressive fatal disease. Although there is no cure for this disease at present, it can be treated. LHRC-Pocahontas House treatment philosophy is holistic in nature and recognizes the need for treatment to address the physical, social, spiritual, mental, emotional and volitional aspects of an individual. Treatment is individualized and integrative, incorporating all aspects of the individual.

## **ABOUT LHRC**

*Louisiana Health and Rehab Center Inc.* is a private non-profit provider agency which offers a large array of services throughout the state of Louisiana. Services are provided to persons who are chemically dependent, homeless, HIV+, mentally ill, developmentally disabled and persons who have other handicapping conditions.

The Executive Director of this program has over 30 year experience in the human service field. Services are provided by licensed professionals and Para professionals.

## **PROGRAM DESCRIPTION**

The treatment modalities at LHRC-Pocahontas House are focused on the individual. This program ensures that the clients' needs are holistically addressed by providing long-term residential treatment, transportation, and promoting a healthy and safe lifestyle through behavioral modification, access to medical care, case management, substance abuse treatment service and life skills. It is through changes in behavior and environment that individuals can learn to change and grow toward a life that is drug free. Services are for men and women at least 21 years of age.

## **Admission Requirements**

- Applicants must be 21 years old or older.
- Applicants must actively participate in treatment goals as specified by the Individualized Treatment Plan.
- Applicants must agree to allow LHRC to assist in managing money.
- Applicants must commit to stay for 60 days and actively participate in treatment, job search and placement/schooling, competitive employment and housing placement.

## **GOALS**

- Assist clients in remaining alcohol and drug free
- Assist clients in gaining access to needed services
- Assist in monitoring clients to make the necessary change in his/her lifestyles
- Assist clients in maintaining independent lifestyle

